



# Expressing Gratitude as we approach Thanksgiving!



**100ABCWomen**

**#9**

**September 2024**



A Glimpse of What You Missed At the 2024 Book Launch and Award Ceremony and Symposium (see details report in our Special Edition—coming soon)



**Contact Us**—Check out our website for more information:  
[www.100ABCWomen.ca](http://www.100ABCWomen.ca)

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Co-Author | Co-Founder | The Architect of 100 ABC Women Project | Brilliant Minded Women's Lifetime Achievement Award | 2021 Black Excellence Lifetime Achievement—AfroGlobal Excellence Award | One of 100 Most Influential Black Canadians in 2022 | 2023-2024 | President-Elect—Rotary Club of Toronto & 1st Black President in 2025-2026



thank you!

Let's celebrate 500 'Exceptional Black Canadian Women' Order a Poster 19.5" x 23.75 " 1st 500 for only \$20; \$30 thereafter. Donate the posters to schools.....

### In This Issue

⇒ **Coming Soon....**

- ◆ Report on 2024 Award Ceremony
- ◆ Report on 2024 Symposium “Building a Black History Education Curriculum”
- ◆ French/English Posters available for sale “500 Exceptional Black Canadian Women” Only \$20. Pay by e-transfer only. Size—19.5” x 23.75”. Check our website—[www.100abcwomen.ca](http://www.100abcwomen.ca)
- ◆ CIBC partners with 100ABCWomen—Paid Winter Internship Program for Black Students
- ◆ Quote of the Month: Alethia O’Hara-Stephenson
- ◆ Special Thanks to you from 100ABCWomen
- ◆ How to Contact Us!

### 100 Accomplished Black Canadian Women

WAYS TO GET YOUR 2024 BOOK NOW: *A Different Booklist*— 779 Bathurst St., Toronto, Ontario

⇒ [www.Amazon.ca](http://www.Amazon.ca)  
<https://www.100abcwomen.ca/how-to-get-your-book/>

### Join Us!!

100ABCWomen Presents 2025 Weekly Fireside Chats—Check our website for details  
[www.100abcwomen.ca](http://www.100abcwomen.ca)

Buy a copy of this bilingual poster of these 500 Brilliant, Talented and Accomplished Black Canadian Women for only \$20.

Now available—Click this link to obtain a copy of this Special Limited Edition of this poster <https://www.100abcwomen.ca/product/poster-500-exceptional-black-canadian-women/>

Also available on our website: [www.100abcwomen.ca](http://www.100abcwomen.ca)

# 500 EXCEPTIONAL BLACK CANADIAN WOMEN

*Pioneers of Progress and Promise*



100  Accomplished Black Canadian Women™

SPECIAL LIMITED EDITION



# 2024 Book Launch and Award Ceremony—Fundraising Activities

Now available on our website for only Can\$50 shipping

[www.100abcwomen.ca](http://www.100abcwomen.ca)



### 100ABCWomen Silent Auction

Place Your Bid Now for an incredible painting by the great David Kibuuka  
Click on this link to see all items and make your bid.

<https://shorturl.at/Gsacg>

Bids end on October 5, 2024



# Thank You for Your Engagement and Support of our 2024

## Thank You to Our Supporters!

100ABCWomen would like to take this opportunity to express our heartfelt gratitude to our Sponsors, Honourees, Family, Friends, Panelists, Committee Members, Volunteers, and Supporters for your unwavering commitment to ensuring that 100ABCWomen delivers exceptional programs and events reflecting the brilliance and talent of the 500 Accomplished Black Canadian Women.

Our Symposium, "Building A Black Canadian History Education Curriculum," and our Book Launch and Award Ceremony were sold-out events! It is heartwarming to see that Canada recognizes the significance of these events and values their engagement and support.

### A few important reminders:

We encourage you to purchase our historical publications and posters that reflect the rich history of our community.

As a reminder, we cannot continue this important work without the support of our sponsors and individuals like you!

Lastly, we are excited to announce that the 2026 Book Launch and Award Ceremony will be held on **Saturday, September 19, 2026**. Please consider nominating someone exceptional for this prestigious event! Here's the nomination form to get you started. <https://www.100abcwomen.ca/nomination-form-2026/>

With deep appreciation for your continued support,

100ABCWomen

## Special Thanks to Our Symposium Sponsors!



**TD READY  
COMMITMENT**

Financé en partie  
par le gouvernement  
du Canada  
  
Funded in part  
by the Government  
of Canada



## Special thanks to our Book Launch & Award Ceremony Sponsors

<p>Platinum</p> <p>Toronto Community Benefits Network</p>	<p>Gold</p>	<p>Gold</p>
<p>Gold</p> <p>ETFO FEEO</p>	<p>Silver</p> <p>cupw sttp Canadian Union of Postal Workers</p>	<p>Silver</p> <p>Black Opportunity Fund We Back Black.</p>
<p>Silver</p> <p>UBC BUILT LOCAL 27</p>	<p>Bronze</p> <p>CUPE-SCFP Scotchies Caribbean Jerk Cuisine</p>	<p>Silver</p> <p>UNIFOR theUnion   lesyndicat</p>

100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making within their respective communities.



Check our websites for updates  
[www.100abcwomen.ca](http://www.100abcwomen.ca)



## Celebrating Extra-ordinary Women



Announcing  
 2024 100ABC Honourees  
*Congratulations*

Adebola Adefioye	Cynthia Lurch	Dr. Laura Mae Lindo	Pasima Sule
Adejisola Atiba	Dagma Koyi	Lavinia Latham	Pauline Thomas
Dr. Adelle Blackett	Daisy Wright	Letecia Rose	Queen Kukoyi
Adigo Achoba-Omajali	Daphne Wellington	Lisa Ogbole	Rokhaya Gueye
Alethia O'Hara-Stephenson	Dauna Jones-Simmonds	Lola Adeniyi	Rosella Fraser
Althea Jones	Debbie Nicholls-Skerritt	Lolleta Cunningham	Rosemarie Powell
Aminka Belvitt	Denise Williams	Lorraine Klaasen	Rosemarie Davis
Anastasia Gordon	Dione Amsterdam	Louise Noel	Sandra Smith
Dr. Andrea Fatona	Dr. Dzifa Dordunoo	Ambrose	Scholastica Lyanga
Andria Case	Eleanor Pinney	Dr. Mayann Francis	Shantelle Browning
Angela Carter	Elizabeth Moses	Melonie Dixon	Morgan
Angela Cassie	Faith Greaves	Mervis White	Her Worship Sharon
Angella Mignon	Dr. Ingrid Waldron	Micaëlla Riché	Floyd
Anique Jordan	Joy Davis	Mojisola Ogunsanya	Shauna Bookal
Barbara Taylor	Juliet Opoku	Olivia Moy Fung	Dr. Shelley Morgan-
Bettyna Bélizaire	Dr. June Francis	Nadine Manroe	Bair
Birgit Umaigba	Karen Hudson	Wakerell	Sylvia Parris-
Dr. Bolu Olaniru	Karine Coen-Sanchez	Natasha Ferguson	Drummond
Camille Isaacs-Morell	Dr. Karline Wilson-	Nerissa Allen	Takiyah Wedderburn
Dr. Camisha Sibblis	Mitchell	Nicole Brooks	Tanya Mullings
Carole Adriaans	Dr. Kathy Moscou	Nikisha Evans	Tiki Mercury-Clarke
Dr. Caroline Hossein	Kayla Webber	Noelle Richardson	Trish Mandewo
Chanae Parsons	Kayla Stephenson	Nanyamka Lewis-	Valerie Augustine
Christine Maclin	Keda Edwards-Pierre	Williams	Vera Hurlock
Christine Dikongue	Ketty Niyabandi	Ogho Ikhalo	Vivienne Campbell
Cordelia Clarke Julien	LaFerne Clarke	Olaitan Onyebuoha	Dr. Yabome Gilpin-
	Lana MacLean	Ovie Onagbeboma	Jackson
			Yvonne Sam
			Zoey Williams

Book Launch & Award Ceremony—Saturday, September 28, 2024 at Woodbine Banquet Hall—Toronto— Tickets will go on sale to the public on February 2, 2024. [www.100abcwomen.ca](http://www.100abcwomen.ca)

## Upcoming Events Calendar

[www.100abcwomen.ca](http://www.100abcwomen.ca)

Weekly Fireside Chats via Zoom webinars, starting January 12, 2025 from 3 until 4:30 pm EST—Registration will be required.

We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

Like and follow us on:

Facebook: [100ABCWomen](https://www.facebook.com/100abcwomen)

[www.facebook.com/100abcwomen](https://www.facebook.com/100abcwomen)

Instagram: [@100\\_abcwomen](https://www.instagram.com/100_abcwomen)

[www.instagram.com/100\\_abcwomen](https://www.instagram.com/100_abcwomen)

Twitter: [@100abcwomen](https://www.twitter.com/100abcwomen)

[www.twitter.com/100abcwomen](https://www.twitter.com/100abcwomen)

Check out our podcasts on Spotify: <https://shorturl.at/tDIMS> Review events such as Fireside Chats, Book Launch & Award Ceremonies and Symposiums on our YouTube Channel.

Subscribe to our YouTube Channel

<https://www.youtube.com/c/100abcwomen>



**CIBC 2024 Paid Internship Summer Program**

CIBC is currently hiring for Summer co-ops (May-August) and is building its pipeline for its Fall Co-Op (September to December)

Students can continue to apply to our postings which can be found on our students and graduates.

To apply, go to the CIBC Website – indicate that you were referred by 100 Accomplished Black Canadian Women.

<https://cibc.wd3.myworkdayjobs.com/campus/1?refresh=ac67318c8b66f55310021d223d9780d305e>



**Quote of the Month:** “Beyond your fears lies growth and endless possibilities that extend far beyond your most extravagant dreams. Therefore, resist the urge to limit yourself—embrace the vast potential that awaits.”

—Alethia Ohara-Stephenson