

Friday, Sept 27, 2024—Symposium
Saturday, Sept 28, 2024—Book Launch & Award Ceremony



100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

100ABCWomen

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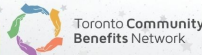
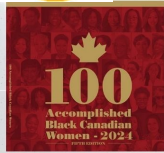
August 2024

Book Launch & Award Ceremony Tickets on Sale:

Click on this link to Get You tickets now:

<https://www.100abcwomen.ca/product-category/2024-gala-tickets/>

Let's celebrate 500 'Exceptional Black Canadian Women' Order a Poster 19.5" x 23.75 " 1st 500 for only \$20. \$30 thereafter. Donate the posters to schools.....



2024 Book Launch & Award Ceremony

Saturday, September 28, 2024
6 pm to 11:30 pm EST

WOODBINE BANQUET HALL
30 Vice Regent Blvd., Toronto

Please click here to purchase your \$150 ticket, which includes dinner and a complimentary copy of the book. Availability is limited.

Gala Tickets Link
www.100abcwomen.ca

SPECIAL THANKS TO OUR SPONSORS



Black Opportunity Fund



Contact Us—Check out our website for more information:
www.100ABCWomen.ca

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Editor: Dauna Jones-Simmonds

Co-Author | Co-Founder | The Architect of 100 ABC Women Project | Brilliant Minded Women's Lifetime Achievement Award | 2021 Black Excellence Lifetime Achievement—AfroGlobal Excellence Award | One of 100 Most Influential Black Canadians in 2022 | 2023-2024 | President-Elect—Rotary Club of Toronto & 1st Black President in 2025-2026



In This Issue

⇒ **Upcoming Events**

- ◆ **Symposium (including 'Meet & Greet') — Friday, September 27, 2024—6 until 9 pm—'Building A Black History Education' Curriculum—Hear from our Phenomenal Panelists!**
- ◆ **The 5th Biennial Book Launch & Award Ceremony on Saturday, September 28, 2024 from 6 until 11:30 pm EST —it's going to be special!!!**

- ⇒ **French/English Posters available for sale "500 Exceptional Black Canadian Women" Only \$20. Pay by e-transfer only. Size—19.5" x 23.75". Check our website—www.100abcwomen.ca**
- ⇒ **CIBC partners with 100ABCWomen—Paid Winter Internship Program for Black Students**
- ⇒ **Celebrate Our 2024 Honourees**
- ⇒ **Quote of the Month: Janice Clarke Searles**
- ⇒ **Love to Cook? Bread and Butter Pudding!**
- ⇒ **How to Contact Us!**

100 Accomplished Black Canadian Women

WAYS TO GET YOUR BOOK NOW: A Different Book-list— 779 Bathurst St., Toronto, Ontario

⇒ www.Amazon.ca
<https://www.100abcwomen.ca/how-to-get-your-book/>

Join Us!!

100ABCWomen Presents 2024 Book Launch & Award Ceremony—Saturday, September 28, 2024—Check our website for details www.100abcwomen.ca

Buy a copy of this bilingual poster of these 500 Brilliant, Talented and Accomplished Black Canadian Women for only \$20.

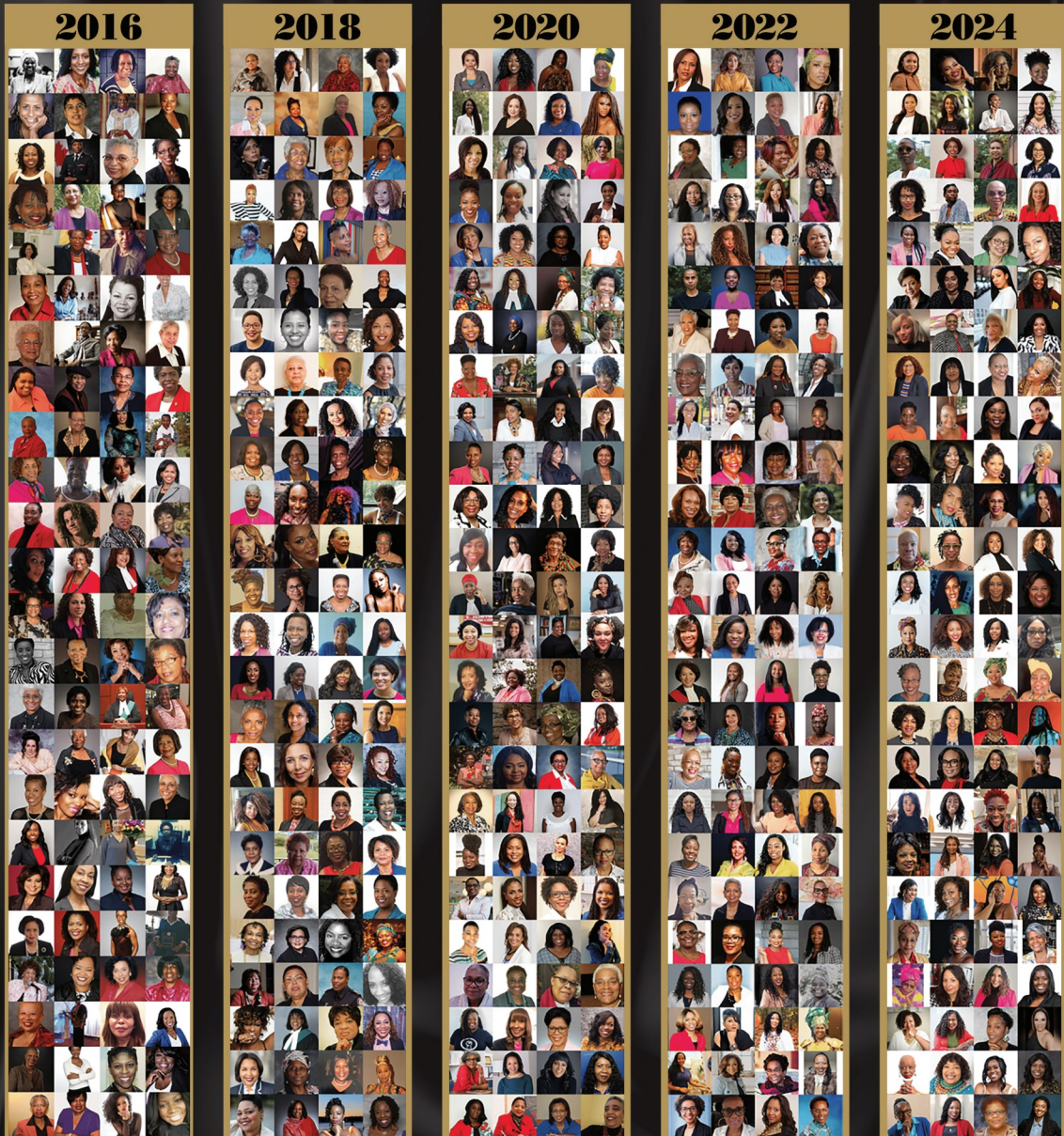
Now available—Click this link to obtain a copy of this Special Limited Edition of this poster or pick it up at the Book Launch & Award Ceremony on Sat. Sept 28th!

<https://www.100abcwomen.ca/product/poster-500-exceptional-black-canadian-women/>

Also available on our website: www.100abcwomen.ca

500 EXCEPTIONAL BLACK CANADIAN WOMEN

Pioneers of Progress and Promise



100  Accomplished Black Canadian Women™

SPECIAL LIMITED EDITION



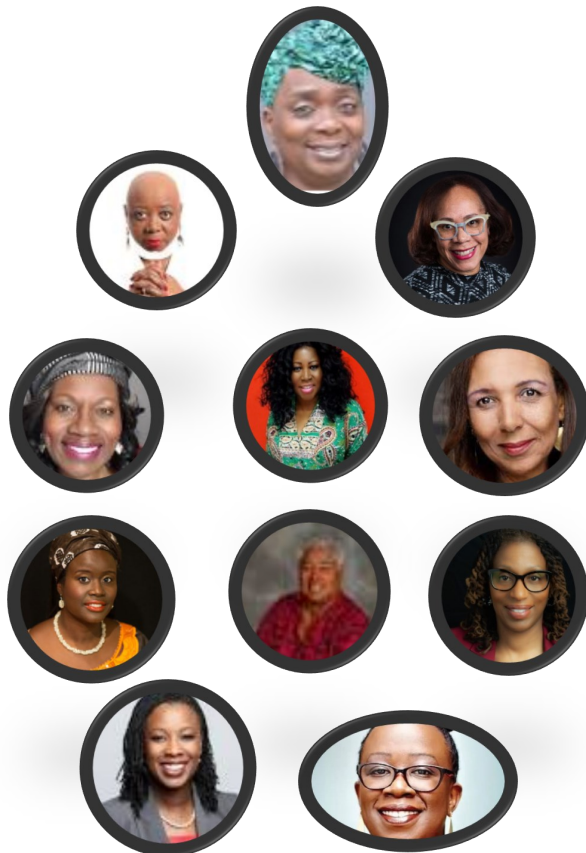
Free in-person Symposium—'Building A Black History Education Curriculum' on Friday, September 27, 2024 from 6 until 9 pm EST—

Woodbine Banquet Hall— 30 Vice Regent Blvd., Toronto—South Hall

Click on this link to register now or copy and paste into your browser:

<https://www.100abcwomen.ca/registration-symposium-2024/>

Meet Our Moderator & Panelists



Floydeen Charles-Fridal - **Moderator**

Panelists:

Tiki Mercury-Clarke, Dr. Karen Hudson, Sarah Onyango, Yvette Blackburn, Marie Clarke Walker, Ginelle Skerritt, Amah Harris, Dr. Camille Logan, Dr. Yabome Gilpin-Jackson & Dr. Natasha Henry-Dixon

Committee: Dr. Camille Logan, Jennifer Singh, Dauren Simmonds & Dauna Jones-Simmonds

This in-person event will be Free
And live-streamed – Registration:
<https://www.100abcwomen.ca/registration-symposium-2024/> or go to our website
www.100abcwomen.ca&



A FREE SYMPOSIUM 2024

BUILDING A BLACK HISTORY EDUCATION CURRICULUM

Hear from experts who have a vested interest in our children's education

FRIDAY

September 27th, 2024
6 pm to 9 pm EST

WOODBINE BANQUET HALL
30 Vice Regent Blvd.,
Etobicoke, Ontario



REGISTER NOW AT : www.100abcwomen.ca/registration-symposium-2024

www.100abcwomen.ca

The Topics

1. Trailblazers and Trendsetters: Stories of Black Canadian
2. Heroes Among Us: Tales of Courage and Resilience in Black Canadian History (today)
3. Diversity in Narratives: Uncovering Untold Stories of Black Canadian Experiences
4. Embracing Cultural Heritage and Identity in Black Canadian Communities

Pumpkin Pancakes

Love to Cook?

Ingredients

- 1 cup mashed pumpkin
- 1/4 flour
- 1 Tbsp sugar
- 1/4 Tsp spice or vanilla essence
- 1/2 Tsp baking powder
- 2 eggs

Instructions

1. Wash, peel and steam the pumpkin
2. Mash thoroughly and stir in all other ingredients
3. Beat well and fry by dropping two tablespoonfu of the mixture into very hot oil
4. Remove when golden brown
5. Sprinkle a little sugar
6. Serve hot



Invitation for Fireside Chat Ideas: A Note from Our Editors

Every year, from January to June, 100ABCWomen delivers a series of thought-provoking, educational, and inspirational Fireside Chat conversations every Sunday from 3:00 to 4:30 pm EST. These sessions are designed to inspire, educate, and uplift our community.

As we prepare for Season 4, starting on January 5, 2025, we invite you to contribute by sharing topics with descriptions that you believe will resonate with our audience. We are particularly interested in themes that are uplifting, educational, and relevant to our mission.

Your suggested topics will not only shape our upcoming season but will also be curated on the 100ABCWomen YouTube Channel, ensuring that these conversations inspire future generations.

Can we count on you to share your ideas with us? Please send your thoughts to 100abcwomen@gmail.com. Thank you for your continued support and engagement.



Toronto **Community**
Benefits Network

Special thanks to our 2024
Book Launch & Award
Ceremony Platinum
Sponsor

100ABCWomen is committed to recognizing and documenting the accomplishments of **Black Canadian Women**. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making within their respective communities.



NEWS FLASH!
2024 Book Launch & Award Ceremony—Saturday, September 28, 2024 from 6 until 11:30 pm EST at Woodbine Banquet Hall—30 Vice Regent Blvd., Toronto, Ontario (10 minutes away from Pearson International Airport—www.100abcwomen.ca

Celebrating Extra-ordinary Women on September 28, 2024 Come and Join Us!

Upcoming Events Calendar
www.100abcwomen.ca
Friday, September 27, 2024 from 6 until 9 pm EST—Free in-person Symposium
Saturday, September 28, 2024 EST—Book Launch & Award Ceremony—tickets are going fast!

Congrats Ads to Honourees:
<https://www.100abcwomen.ca/ads-congrats/>
Advertise with Us in our Program Booklet: <https://www.100abcwomen.ca/product/advertisements/>

We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

Like and follow us on:
Facebook: [100ABCWomen www.facebook.com/100abcwomen](https://www.facebook.com/100abcwomen)
Instagram: [@100_abcwomen www.instagram.com/100_abcwomen](https://www.instagram.com/100_abcwomen)
Twitter: [@100abcwomen www.twitter.com/100abcwomen](https://www.twitter.com/100abcwomen)

Check out our podcasts on Spotify: <https://shorturl.at/tDIMS> **Review events such as Fireside Chats, Book Launch & Award Ceremonies and Symposiums on our YouTube Channel.**

Subscribe to our YouTube Channel
<https://www.youtube.com/c/100abcwomen>

Quote of the Month: “There is nothing wrong with challenging the existing state of affairs at a time when the goal is to bring positive change, as long as it is done with dignity and respect”.
—Janice Clarke Searles

100 Accomplished Black Canadian Women
Announcing 2024 100ABC Honourees
Congratulations

Adebola Adefoye	Cynthia Lurch	Dr. Laura Mae Lindo	Pasima Sule
Adejisola Atiba	Dagma Koyi	Lavinia Latham	Pauline Thomas
Dr. Adelle Blackett	Daisy Wright	Letecia Rose	Queen Kukoyi
Adigo Achoba-Omajali	Daphne Wellington	Lisa Ogbole	Rokhaya Gueye
Alethia O'Hara-Stephenson	Dauna Jones-Simmonds	Lola Adeniyi	Rosella Fraser
Althea Jones	Debbie Nicholls-Skerritt	Lolleta Cunningham	Rosemarie Powell
Aminka Belvitt	Denise Williams	Lorraine Klaasen	Rosemarie Davis
Anastasia Gordon	Dione Amsterdam	Louise Noel	Sandra Smith
Dr. Andrea Fatona	Dr. Dzifa Dordunoo	Mervis White	Scholastica Lyanga
Andria Case	Eleanor Pinney	Melonie Dixon	Shantelle Browning Morgan
Angela Carter	Elizabeth Moses	Micaëlla Riché	Her Worship Sharon Floyd
Angela Cassie	Faith Greaves	Mojisola Ogunsanya	Shauna Bookal
Angella Mignon	Dr. Ingrid Waldron	Olivia Moy Fung	Dr. Shelley Morgan-Bair
Anique Jordan	Joy Davis	Nadine Manroe Wakerell	Sylvia Parris-Drummond
Barbara Taylor	Juliet Opoku	Natasha Ferguson	Takiyah Wedderburn
Bettyna Bélizaire	Dr. June Francis	Nerissa Allen	Tanya Mullings
Birgit Umaigba	Karen Hudson	Nicole Brooks	Tiki Mercury-Clarke
Dr. Bolu Olaniru	Karine Coen-Sanchez	Nikisha Evans	Trish Mandewo
Camille Isaacs-Morell	Dr. Karlina Wilson-Mitchell	Noelle Richardson	Valerie Augustine
Dr. Camisha Sibblis	Kayla Webber	Nanyamka Lewis-Williams	Vera Hurlock
Carole Adriaans	Kayla Stephenson	Ogho Ikhalo	Vivienne Campbell
Dr. Caroline Hossein	Keda Edwards-Pierre	Olaitan Onyebuoha	Dr. Yabome Gilpin-Jackson
Chanae Parsons	Ketty Nivyabandi	Ovie Onagbeboma	Yvonne Sam
Christine MacIn	LaFerne Clarke	Zoey Williams	
Christine Dikongue	Lana MacLean		
Cordelia Clarke Julien			

Book Launch & Award Ceremony—Saturday, September 28, 2024 at Woodbine Banquet Hall—Toronto— Tickets will go on sale to the public on February 2, 2024. www.100abcwomen.ca

CIBC 2024 Paid Internship Summer Program

CIBC is currently hiring for Summer co-ops (May-August) and is building its pipeline for its Fall Co-Op (September to December)

Students can continue to apply to our postings which can be found on our students and graduates.

To apply, go to the CIBC Website – indicate that you were referred by 100 Accomplished Black Canadian Women.

<https://cibc.wd3.myworkdayjobs.com/ca/mpus/1/refresh?facet/318c8b5b1553100021d223d9780d30be>

100 Accomplished Black Canadian Women

CIBC