



Happy Canada Day!



CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE
& DAUNA JONES-SIMMONDS (LEFT TO RIGHT)

100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

100ABCWomen

#6

June 2023

Congratulations to Extra-ordinary Women - 100ABC Honourees



Hon. Dr. Jean Augustine—
Recipient of Honorary
Doctorate degree from
Humber College. She was
provided with medal in her
my honour to be present-
ed annually to students
annually

Queen Victoria Pub-
lic School in Parkdale, Toron-
to, has been renamed *Dr. Rita
Cox-Kina Minogok Pub-
lic School.*



York University alumna, Rose-
mary Sadlier, has been recog-
nized by OCAD University with
an Honorary Doctorate Degree
for being on the forefront of
countless initiatives aimed at
educating the public on Black
Canadian history.

2024 Nominations are open—click here to nominate
an accomplished Black Canadian Woman

<https://www.100abcwomen.ca/nomination-form-2024/>

In This Issue

- ⇒ Congrats to 100 ABC Honourees who are being honoured and recognized for their extra-ordinary brilliance Hon. Dr. Jean Augustine, Dr. Rita Cox & Dr. Rosemary Sadlier
- ⇒ **2024 Nominations are Open until July 31, 2023!**
- ⇒ **Upcoming Event**
 - ⇒ Save the date: 100ABCWomen Hybrid Symposium in Vancouver—September 20, 2023! The Agenda is Out!
 - ⇒ Black Diplomats Academy's Global Summit—July 27-30, 2023. Registration is required
 - ⇒ Meet Our 2022-2023 Fireside Chat Moderator & Technical Support Team—Thank You!
 - ⇒ An Unbelievable End to Season 2 Fireside Chat—check our YouTube Channel!
 - ⇒ Quote of the Month: MP Marci Ien
 - ⇒ Love to Cook? Let's Cook Lentil Soup!
 - ⇒ How to Contact Us!

100 Accomplished Black Canadian Women

WAYS TO GET YOUR BOOK NOW: *A Different Book-list— 779 Bathurst St., Toronto, Ontario*

⇒ www.Amazon.ca
⇒ <https://www.100abcwomen.ca/how-to-get-your->

Save the Date

100ABCWomen Presents a Hybrid Symposium:
Black Women & Technology
Location: Sheraton Hotel, Vancouver
Date: September 20, 2023

Join Season 3 Fireside Chats starting October 2023—registration link and schedule will be available from September 2023.



2024 Nominations are **Open until July 31, 2023**. Click on this link to nominate someone: <https://www.100abcwomen.ca/nomination-form-2024/>

BLACK DIPLOMATS ACADEMY'S GLOBAL SUMMIT JULY 27 - 30, 2023

10am - 3pm Hybrid • Downtown Toronto

Itinerary

Day 1:

UN Decade for People of African Descent and the implementation of the Permanent Forum on People of African Descent (SDG 9, 17)

Day 3:

Climate Change, Inclusion and Economic Turbulence

Day 2:

Reduced Inequalities - Prioritizing Women, Youth and Equitable Access to all things Technology (SDG 9, 10)

Day 4:

Peace, Security and Strong Institutions

Key Note Speaker



Roda Muse

Deputy Minister, Francophone Affairs, Ontario Government

Sneak Peek Speakers

Special Remarks



Dr. Epsy Campbell Barr
Chair of the Permanent Forum on People of African Descent

Emancipation Day Speaker



Senator Wanda Thomas Bernard

Special Remarks



Nadia Theodore
Canada's Ambassador to the World Trade Organization



dylott*



Edward Matwawana
Michaëlle Jean Foundation



Dr. Josepha M Nelson
Office of the Permanent Representative, Youth and Humanitarian Affairs



Mario Galbert
UN Youth and Human Rights 75 Initiative - Office of the High Commission on Human Rights



Emina Tudokovich
High Commissioner for Canada in Jamaica



Anjum Sultana
Plan International Canada



Kamil Olufowobi
Founder and CEO of Most Influential People of African Descent (MIPAD)



Nattacia Bohardsingh
Attorney-at-Law, UN Human Rights Fellow (PAD) 2020



Nicholas Thompson
ED of the Black Class Action Lawsuit for Federal Public Servants



DoubleTree by Hilton Hotel

108 Chestnut St. Toronto Ontario, M5G 1R3

Questions? E-mail Globalsummit@dylott.com

Whether you're a diplomacy connoisseur or just interested in what's happening in the world, join us from July 27 - 30, 2023.

Register Here!

Registration Link:

<https://www.eventbrite.ca/e/631711846137>

A Candice Kotchapaw Project

Upcoming Events Calendar

**Fireside Chats with
100 ABC Honourees**

Season 3 starts October 2023

We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

Like and follow us on:

Facebook: 100ABC Women
www.facebook.com/100abcwomen

Instagram: @100_abcwomen
www.instagram.com/100_abcwomen

Twitter: @100abcwomen

www.twitter.com/100abcwomen

Review events such as *Fireside Chats, Book Launch & Galas and Symposiums* on our **YouTube Channel**.

Subscribe to our YouTube Channel

<https://www.youtube.com/c/100abcwomen>

Quote of the Month:

"Believe in yourself if no one else does"
MP Marci Ien

Love to Cook?

Lentil Soup

Ingredients



- ◆ 1 cup lentils
- ◆ 2 cups of water
- ◆ 1 onion
- ◆ 1/4 cup green seasoning
- ◆ 1 bunch green onions
- ◆ 1 green peper
- ◆ 1 potato to thicken
- ◆ 1 Tbsp butter
- ◆ 1 tsp salt
- ◆ 1/2 cup of milk
- ◆ 1//2 cup croutons

Instructions

- ◆ Wash and soan lentils overnight
- ◆ Peel, wash and cut up vegetables
- ◆ Add desired seasonings except for the green onions
- ◆ Heat butter and lightly fry vegeta- bles (including lentils)
- ◆ Add salt and green onions and simmer for 1 approximately one hour
- ◆ Blend well
- ◆ Add Milk and serve hot



**Quick and easy to prepare!
—Delicious Cooking!!
Norma Wilson**

Meet Our Fireside Chat Moderators

Yvette Blackburn
Marie Clarke-Walker
Dr. Denise O'Neil Green
Jacqueline Dixon
Gellia Mast (TD)
Sarah Onyango
Tanika Riley
Ginelle Skerritt
Nancy Simms
Jennifer Singh
Takiyah Wedderburn
Nicole Waldron

Meet Our Technical Support Team

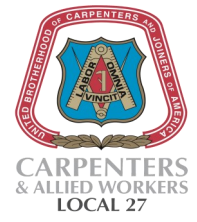
Malcolm Edwards
Daniella Glasgow
Dauna Jones-Simmonds
Sombo Saviye
Kit Truong
Nicole Waldron
Takiyah Wedderburn



Check out our YouTube Channel for a special tribute to the Fireside Chat Panelists, Moderators & Tech Support Team <https://www.youtube.com/>



Thank you to Our Fireside Chat Sponsors



What a Way to End Season 2 Live Fireside Chats!!



100ABCWomen Fireside Chats

“Volunteerism – How to Engage in Meaningful Ways”

Sunday, June 25, 2023 from 3 until 5:00 pm EST

Fireside Chat – Registration Link: <https://shorturl.at/gvNTV>

100ABCWomen Fireside Chats – “Volunteerism – How to Engage in Meaningful Ways” Women who have volunteered their time, share their experiences and the joy they get from giving of themselves – ‘service above self!’
Sunday, June 25, 2023 – 3:00 pm to 5:00 pm EST

Registration Link:
<https://shorturl.at/gvNTV>

Special Guests:

Hon. Dr. Jeane Augustine
Dr. Denise O’Neil Green
Gelila Mast (TD)
Dr. Claudette Knight (CIBC)
Dauna Jones-Simmonds (Executive Producer)

Moderator:
Sarah Onyango



Panellists:



About Our Fireside Chats

The Fireside Chats, with 35 Episodes, are being live-streamed to inspire our current and future generations. They are also being archived on our YouTube Channel. These Chats are sparking conversations that are topical, bold and interesting. Please click on this URL <https://www.100abcwomen.ca/wp-content/uploads/2022/10/Fireside-Chats-Schedule.pdf> to see the many topics that are offered to our audience, whether it’s live or on our YouTube Channel. Because of the significant demand for more of these inspirational conversations, 100ABCWomen will be delivering the Fireside Chats from October 2022 to July 2023.

Season One Fireside Chats have been archived here: <https://www.youtube.com/c/100abcwomen>

This event will be live-streamed via 100ABCWomen YouTube Channel

Special Thanks to our Sponsors:



100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making within their respective communities. Special thanks to our Fireside Chat Moderators for giving back to our Communities!