

Happy Canada Day!

100 Accomplished Black Canadian Women

CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE & DAUNA JONES-SIMMONDS (LEFT TO RIGHT)

100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

100ABCWomen

#6

June 2023





Hon. Dr. Jean Augustine—
Recipient of Honourary
Doctorate degree from
Humber College. She was
provided with medal in her
my honour to be presented annually to students
annually

Queen Victoria Public School in Parkdale, Toronto, has been renamed *Dr. Rita* Cox-Kina Minogok Public School.





York University alumna, Rosemary Sadlier, has been recognized by OCAD University with an Honorary Doctorate Degree for being on the forefront of countless initiatives aimed at educating the public on Black Canadian history.

Join Season 3 Fireside Chats starting October 2023—registration link and schedule will be available from September 2023.

2024 Nominations are open—click here to nominate an accomplished Black Canadian Woman

https://www.100abcwomen.ca/nomination-form-2024/

In This Issue

- ⇒ Congrats to 100 ABC Honourees who are being honoured and recognized for their extra-ordinary brilliance Hon. Dr. Jean Augustine, Dr. Rita Cox & Dr. Rosemary Sadlier
- ⇒ 2024 Nominations are Open until July 31, 2023!
- **⇒** Upcoming Event
 - ⇒ Save the date: 100ABCWomen Hybrid Symposium in Vancouver—September 20, 2023! The Agenda is Out!
- ⇒ Black Diplomats Academy's Global Summit—July 27-30, 2023. Registration is required
- ⇒ Meet Our 2022-2023 Fireside Chat Moderator & Technical Support Team—Thank You!
- ⇒ An Unbelievable End to Season 2 Fireside Chat—check our YouTube Channel!
- ⇒ Quote of the Month: MP Marci Ien
- ⇒ Love to Cook? Let's Cook Lentil Soup!
- **⇒** How to Contact Us!

100 Accomplished Black Canadian Women

WAYS TO GET YOUR BOOK NOW: A Different Booklist— 779 Bathurst St., Toronto, Ontario

⇒ www.Amazon .ca

https://www.100abcwomen.ca/how-to-get-your-

Save the Date

100ABCWomen Presents a Hybrid Symposium:
Black Women & Technology
Location: Sheraton Hotel, Vancouver

Date: September20, 2023

100 ABC Women Minds Its Own Business

You are invited to 100ABCWomen Annual Symposium - "Black Women in Technology" in Vancouver on September 20, 2023 from 10 until 4 pm PT

In person registration:

https://www.100abcwomen. ca/registration-symposium-2023-vancouver/

Virtual Registration:

https://us02web.zoom.us/webinar/register/WN oXTL30 35QaejqhCQyUzwwg#/registration

Sponsored by:



TD READY COMMITMENT



Themes covered in the panel discussions:

- How career pathways in Tech were created
- Resources available like Blacks in Technology Foundation
- Bridging the digital skills gaps and opportunities to minimize the divide
- How ChatGPT is being integrated Microsoft, Canva
- Ask me anything portion professional development tipsnegotiation tips, cultural fit, IDEA

Networking

Event Collaborators

- Black Women Connect Vancouver
- ♦ Black Women's Business Bureau (BWBB)
- Simon Fraser University
- The Black Business Association of BC (BBABC)
- Black Professionals in Technology Network
- The University of British Columbia (UBC)

Have you Registered for our Free Hybrid

Symposiumn in Vancouver?

PROGRAM

Hosts/Emcees: Sarah Onyango, Lolly Bennett & Nicole Waldron

10:00 AM

- · Greetings TD Bank
- Land Acknowledgement by Dr. Annette Henry
- Welcoming remarks by Hon. Dr. Jean Augustine
- Opening Remarks Hon. Minister Ahmed Hussen
- Sponsor TD Bank Video Keynote Speaker: Claudette McGowan "Cybersecurity"

10:50 AM I COFFEE & SNACKS BREAK

11:05 AM | Panel 1 - "Data Driven

Dreams – How Black Women can shape the future of technology using data science and analytics"

Moderator: Dr. Avis Glaze

12:00 PM | Entertainment by Ndidi

Cascade

12:15 PM I LUNCH

BREAK

1:00 PM | Panel 2 - Guest

Speakers: Stacey Ann Berry,

Queen Kukoyi, Divine Ndemeye

& Nico Taylor

"Emerging Careers in

Technology – why creativity,

equity and ethics matter"

Moderator: Dr. Denise O'Neil

Green/ William Johnson (Editor,

Vancouver Technical Journal)

2:15 PM I COFFEE & SNACKS BREAK

2:30 PM I Ask Me Anything – "The Role of Black Women in Technology within their respective organizations / association" Host: Gelila Mast TD Bank

3:30 PM I Closing Remarks and

Thank You - Rochelle Grayson &

Dauna Jones-Simmonds

Hosts: Sarah Onyango and Lolly

Bennett

3:45 PM I NETWORKING – Ryan Beedie & Shelley Vidal

Contact Us—Check out our website for more information: www.100ABCWomen.ca

P.O. Box 31305 Bayview 16th Ave PO, Richmond Hill, Ont. L4C 0V7

Email address: 100abcwowen@gmail.com

Editor: Dauna Jones-Simmonds

Co-Author | Co-Founder | The Architect of 100 ABC Women Project | Brilliant Minded Women's Lifetime Achievement Award |
2021 Black Excellence Lifetime Achievement—
Afroglobal Excellence Award | One of 100 Most Influ-

ential Black Canadians in 2022 | 2023-2024 VP—
Rotary Club of Toronto & 1st Black President in 2025
-2026











2024 Nominations are Open until July 31, 2023. Click on this link to nominate some-

one: https://www.100abcwomen.ca/ nomination-form-2024/

BLACK DIPLOMATS ACADEMY'S GLOBAL SUMMIT (7) JULY 27 - 30, 2023

10am - 3pm Hybrid Downtown Toronto

Itinerary

UN Decade for People of African Descent and the implementation of the Permanent Forum on People of Economic Turbulence African Descent (SDG 9, 17)

Reduced Inequalities - Prioritizing Women, Youth and Equitable Access to all things Technology (SDG 9, 10)

Day 3: Climate Change, Inclusion and

Day 4: Peace, Security and Strong Institutions



Sneak Peek Speakers



Dr. Epsy Campbell Barr Chair of the Permanent Forum on People of African Descent



Senator Wanda **Thomas Bernard**



Canada's Ambassador to the World Trade





Organization



dylott*

Academy



Edward Matwawana Michaëlle Jear



Dr. Josepha M Nelson Representative, Youth and Humanitarian Affairs



Mario Galbert **UN Youth and Human** Rights 75 Inititative -Office of the High Rights



Emina Tudokovich High Commissioner for Canada in Jamaica



Plan International Canada



Kamil Olufowobi Founder and CEO of





Bohardsingh Attorney - at - Law, UN Human Rights Fellow (PAD) 2020



DoubleTree by Hilton Hotel 108 Chestnut St, Toronto Ontario, M5G 1R3 Ouestions? E-mail Globalsummit@dvlott.com

Whether you're a diplomacy connoisseur or just interested in what's happening in the world, join us from July 27 - 30, 2032

Register Here!

Registration Link:

https://www.eventbrite.ca/e/631711846137

A Candice Kotchapaw Project

Upcoming Events Calendar

Fireside Chats with

100 ABC Honourees

Season 3 starts October 2023

We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

Like and follow us on:

Facebook: 100ABC Women www.facebook.com/100abcwo men

Instagram: @100_abcwomen www.instagram.com/100 abcwomen

Twitter: @100abcwomen

www.twitter.com/100abcwomen

Review events such as Fireside Chats, **Book Launch & Galas and Symposiums on** our YouTube Channel.

Subscribe to our YouTube Channel

https://www.youtube.com/ c/100abcwomen

Quote of the Month:

"Believe in yourself if no one else does" MP Marci Ien



Nicole Waldron

Takiyah Wedderburn



Check out our YouTube Channel for a special tribute to the Fireside Chat Panelists, Moderators & Tech Support Team https://www.youtube.com/



Thank you to Our Fireside Chat Sponsors











Lentil Soup

Ingredients

- 1 cup lentils
- 2 cups of water
- 1 onion
- 1/4 cup green seasoning
- 1 bunch green onions
- 1 green peper
- 1 potato to thicken
- 1 Tbsp butter
- 1 tsp salt
- ◆ 1/2 cup of milk
- 1//2 cup croutons

Instructions

- Wash and soan lentils overnight
- Peel, wash and cut up vegetables
- Add desired seasonings except for the green onions
- Heat butter and lightly fry vegetables (including lentils)
- Add salt and green onions and simmer for 1 approximately one hour
- Blend well
- Add Milk and serve hot



Quick and easy to prepare!
—Delicious Cooking!!
Norma Wilson

What a Way to End Season 2 Live Fireside Chats!!



100ABCWomen Fireside Chats

"Volunteerism – How to Engage in Meaningful Ways"

Sunday, June 25, 2023 from 3 until 5:00 pm EST Fireside Chat - Registration Link: https://shorturl.at/gyNTV

Moderator:

Sarah Onyango

100ABCWomen Fireside Chats -"Volunteerism - How to Engage in Meaningful Ways" Women who have volunteered their time, share their experiences and the joy they get from giving of themselves - 'service above self!' Sunday, June 25, 2023 -3:00 pm to 5:00 pm EST **Registration Link:**

https://shorturl.at/gyNTV

Special Guests:

Hon. Dr. Jeane Augustine Dr. Denise O'Neil Green Gelila Mast (TD) Dr. Claudette Knight (CIBC) **Dauna Jones-Simmonds** (Executive Producer)





Special Thanks to our Sponsors:













About Our Fireside Chats

The Fireside Chats, with 35 Episodes, are being livestreamed to inspire our current and future generations. They are also being archived on our YouTube Channel. These Chats are sparking conversations that are topical, bold and interesting. Please click on this URL https:// www.100abcwomen.ca/wpcontent/uploads/2022/10/ Fireside-Chats-Schedule.pdf to see the many topics that are offered to our audience, whether it's live or on our YouTube Channel. Because of the significant demand for more of these inspirational conversations. 100ABCWomen will be delivering the Fireside Chats from October 2022 to July 2023.

Season One Fireside Chats have been archived here: https://www.youtube.com/ c/100abcwomen

This event will be livestreamed via 100ABCWomen YouTube Channel

100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making within their respective communities. Special thanks to our Fireside Chat Moderators for giving back to our Communities!