



CO-AUTHORS: DR. DENISE O'NEIL GREEN, HON. DR. JEAN AUGUSTINE & DAUNA JONES-SIMMONDS

# 100 ACCOMPLISHED BLACK CANADIAN (ABC) WOMEN

## 100ABCWomen

## December 2020

### Congratulations to Extra-ordinary Women - 2020 WXN Top 100 Women Awardsees



From left to right— Wendy Beckles, Dr. Juliet Daniel & Stachen Frederick

### Congrats!

#### Dr. Lynn Jones does it again!

Another Honourary PhD Degree - this time - Doctor of Humane from Mount St. Vincent University, Halifax, NS.



BigArtTO is a city-wide public art celebration featuring free access to over 200 hours of temporary public artworks projected onto local buildings and landmarks.

BAND is partnering with BigArtTO in 2021 to do a series of public art projections across the city as part of the Black Women in Leadership project.

Janice Gairey was the Human Rights Director at the Ontario Federation of Labour, she has been a social justice advocate for over fifty years.



### In This Issue.....

- ⇒ Congratulations—Award Recipient—Wendy Beckles, Dr. Juliet Daniel, Stachen Frederick, Janice Gairey, Dr. Lynn Jones & Claudette McGowan
- ⇒ Quote of the month—Dianne Walker
- ⇒ Posthumously Speaking .... The Rest of Her Story
- ⇒ Hear from the Expert—Dauna Jones-Simmonds & Alyson Renaldo
- ⇒ Job Opportunities at University of Windsor
- ⇒ New Date for 100 ABCWomen Book Launch & Gala—Sat. Sept 18, 2021
- ⇒ A Huge Loss—Denise Jones
- ⇒ Just Cooking—Delicious!!! Trini Sweet Bread by Joan Pierre
- ⇒ RBC Platinum Sponsor; CIBC Gold Sponsor - 2020 Book Launch and Gala—Thank You RBC & CIBC!!
- ⇒ Official Book Launch & Gala —95% of tickets are sold!!
- ⇒ Buy Your Tickets for the Book Launch & Gala
- ⇒ Other Sponsors—CIBC & GBKM
- ⇒ Upcoming Events Calendar
- ⇒ Advertise with Us
- ⇒ How to Contact Us



### 100 Accomplished Black Canadian Women — 2018

#### WAYS TO GET YOUR BOOK NOW:

- ⇒ A Different Booklist— 779 Bathurst St., Toronto, Ontario
- ⇒ [www.Amazon.ca](http://www.Amazon.ca)
- ⇒ <https://www.100abcwomen.ca/how-to-get-your-book/>

### Quote of the Month:

“Act Today to Impact Tomorrow! (My motto). Dare to act and believe in yourself always, because change begins with you”.

*Yvette Yende-Ashiri*

# Accomplished!



**Claudette McGowan—Global Executive Officer—TD Bank**



Time to get into the holiday spirit - grab a hot chocolate, a plate of shortbread cookies, a fuzzy blanket and cozy up with your little ones for this special read about a little girl named Savannah. An accomplishment for most people is being really good at one thing. For Savannah McDougall, being able to master **ONLY** one thing... was a sign of failure.

Savannah quickly learns that success doesn't come easy and takes a lot more than a dream to achieve her goals. Join Savannah on her journey as she discovers that amazing things can happen - even when life **DOESN'T** go your way. *Triple Threat* is one of multiple children's books written by author Claudette McGowan.

## Advertise with Us!

**DANCE MENTORSHIP**

Award-winning dance educator, Miss Coco guides self-identifying Black youth (18-25 years) pursuing careers in the dance sector. Do you have at least one year or more of dance/performance experience?

This culturally-responsive responsive mentorship includes:

- Critical dialogue among group and one-to-one sessions
- Dance vernacular across the African and Caribbean diaspora
- Guest presenters and relevant topics
- Career development and final creative assignment
- Online dance classes

Saturdays 1 to 3pm EST  
Nov 7 - May 29, 2021  
Online sessions

Black artists across Ontario  
cococollectiveto@gmail.com  
Funded by the Ontario Black Youth Action Plan

**FREE**

**Contact Us**—Check out our website for more information:  
[www.100ABCWomen.ca](http://www.100ABCWomen.ca)

P.O. Box 31305 Bayview 16th Ave PO, Richmond Hill, Ont. L4C 0V7

Email address: [100abcwomn@gmail.com](mailto:100abcwomn@gmail.com)

## Posthumously Speaking...." The Rest of Her Story



She was born March 18, 1928 in Watertown, South Dakota and died on May 17, 2018 in Liestal, Switzerland. She grew up in Oak Park, Illinois and was the daughter of a pharmacist and writer, George Bender and homemaker Ruby Duryee Bender. Her identical twin sister Dorothy Hampton and older brothers Frank and Bob Bender still live in the United States. She grew up in a family with conservative social outlooks and little contact early in life with Black people or culture, but she became a lifelong civil rights activist. She married an African-American Sociologist in Washington, DC on the Howard University campus on June 8, 1953 and moved with him the next day to Toronto.

In Toronto, she began working for the Toronto Labour Committee for Human Rights, documenting instances of racial discrimination in Toronto and in southwest Ontario and presenting that information to the government of Premier Leslie Frost to advocate for stronger anti-discrimination legislation. The social pressure was eventually successful: the Province of Ontario improved the legislation and create a human rights commission. Her husband, Daniel Hill, went on to become the first jurisdiction in Canada – Federal, Provincial or Territorial – to first Director and later the Chairperson of the Ontario Human Rights Commission, and the Ombudsman of Ontario. With her husband and friends, she co-founded the Ontario Black History Society. She edited her husband's ground breaking PhD thesis at the University of Toronto, *Negroes in Toronto: A Sociological Study of a Minority Group* (1960) as well as his book of history *The Freedom Seekers: Blacks in Early Canada* (1981). She wrote *A Black Man's Toronto, 1914–1980: The Reminiscences of Harry Gairey*, which was an oral history of the life of a Jamaican immigrant who came to Toronto in the early 20th century and became a railroad porter and a civil rights activist. The Multicultural History Society of Ontario published *A Black Man's Toronto* in 1981.

**She is buried alongside her husband Daniel Grafton Hill and daughter Karen Louise Hill in Mount Pleasant Cemetery in Toronto. And now you know the rest of Her Story.**

**Posthumously speaking—Donna Mae Hill—  
March 18, 1928 to May 17, 2018**

To get your tickets for the Book Launch & Gala, please click on the url link below:

**NEW DATE—SATURDAY, SEPTEMBER 18, 2021**

<https://www.100abcwomen.ca/product-category/2020-gala-tickets/>

**Editors: Dauna Jones-Simmonds**

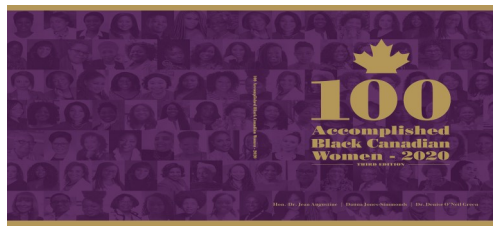
**thank you!**

**& Norma Wilson**





# In the News!



**NEWS FLASH!** 2020—3rd 100 ABCWomen Book Launch & Gala on Saturday, September 18, 2021 at Woodbine Banquet Hall, Toronto. The event will be preceded by our Biennial Symposium on Friday, September 17, 2021—9:30 am to 2 :30 pm

## 100 ABC Women

### 2022 Nomination Process is Open!

<https://www.100abcwomen.ca/nomination-form-2022/>

Thanks to Our Sponsors  
2020 Sponsorship of the Book Launch and Gala



### Upcoming Events Calendar

**Fireside Chats with 100 ABC Honourees starting March 2021**

## DATE CHANGE

2020 BOOK LAUNCH & GALA

SATURDAY, SEPTEMBER 18, 2021

WOODBINE BANQUET HALL

30 VICE REGENT BLVD

TORONTO

95% Tickets are already sold!

## YOU ARE ENCOURAGED TO RETAIN YOUR SEATS

100 ABC Women has made the important decision of re-scheduling the 2020 Book Launch and Gala to Saturday, September 18, 2021—all details remain the same. The event will be preceded by a Symposium on Friday, September 17, 2021 from 8:30 am to 2:30 pm at the Woodbine Banquet Hall- - 30 Vice Regent Blvd., Toronto

**Learn More About 2020 Honourees**

<https://www.100abcwomen.ca/2020-honourees/> We encourage our friends and supporters to follow/share/like/comment on our posts across our social media platforms.

Like and follow us on:

Facebook: 100ABC Women  
[www.facebook.com/100abcwomen](http://www.facebook.com/100abcwomen)

Instagram: @100\_abcwomen  
[www.instagram.com/100\\_abcwomen](http://www.instagram.com/100_abcwomen)

Twitter: @100abcwomen  
[www.twitter.com/100abcwomen](http://www.twitter.com/100abcwomen)

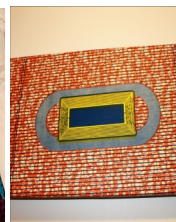
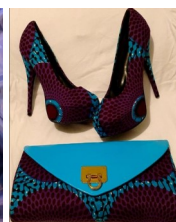
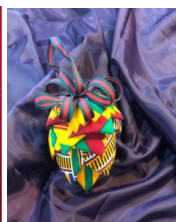
Dear Valued Friends and Customers,

Our Christmas sale is still on for another week and we are happy to inform you that we have added more gift items to our collection.

There are cushion pillows, dresses, keychains, more Christmas ornaments, and many more...

You can stop by our centre or shop from the convenience of your home by visiting our online store on our website.

Don't miss out on the sale. Offer ends December 14. Contact Brenda Williams directly.



## Denise Jones — A Huge Loss to Our Community

100 ABC Honouree, President and Co-Founder of Jones & Jones Productions, **Denise Jones**, peacefully passed away on Friday, December 4, 2020. We will miss her dearly. May her soul rest in eternal peace! To her family, please accept our deepest condolences as you grieve this huge loss.

## Minding Our Business Series



### Happy Holidays

Will it be Thank God it's 2021? Let's hope

so. That's what we said when 2020 rolled around. 2020 had a hopeful and exciting ring to it – using our



2020 vision to make things better. Something that seemed promising with lots of good news. Many had made resolutions of weight loss; of doing things differently; travelling the world; spending more time with the family and especially the grandchildren and the list goes on. For many, 2020 was different -- interesting but it was a year, for many, who yearned to see and touch their families. We had to endure the realization and implications of a global pandemic with massive lockdowns. We had to postpone our Book Launch and Gala where over 1,000 tickets were sold by February. We had so many plans to be with our families. Personally, I dreamt of two cruises to places where my now deceased sister and I had never been. As Luis Armstrong said, for us, it was going to be a 'wonderful world'.

For many of us, it's still a wonderful world. Many of us no longer think of ourselves – we begin to think about “who can we help and how can we get the support to them as quickly as possible?” But when I think about it, that's what 100 ABC Honourees do every day. They give of themselves without even thinking about it. They have been telling us for years that 'I'm just giving back'. Giving back has been our only way of life, it has been so natural.

So as we move to 2021, our Honourees will be giving back. Yes – we will be spotlighting every single Honouree starting from Black History Month 2021. Look out for promotions of Fireside Chats, interviewing highlight their expertise. Yes, it's time to be inspired – inspired by Accomplished Black Canadian Women. We will make the Invisible Visible by their voices and actions!



100 ABC's

Director of Communications, Alyson Renaldo has been named Fiction Editor for The Humber Literary Review. Alyson is committed to increasing the profile of talented Black fiction writers by doing her part to create opportunities to see them published. To that end, if you, or someone you know, has written fabulous fictional short stories, then Alyson encourages you to take a look at the journal's website <https://humberliteraryreview.com/>. The submissions portal for short stories will

begin in mid-January. 100 ABC will keep you posted!

**100ABCWomen is committed to recognizing and documenting the accomplishments of Black Canadian Women. All 100 ABC Honourees are encouraged to share their accomplishments and stories so that our readers can appreciate the difference they are making in their respective communities.**



## TRINI STYLE SWEET BREAD—A CHRISTMAS SPECIAL

### INGREDIENTS

3 Cups of Flour  
 ¾ cup sugar  
 ¾ cup raisins  
 3 Tsp Baking Powder  
 1 Tsp Cinnamon Powder  
 1 Tsp grated nutmeg  
 ¼ tsp salt  
 1 large Coconut  
 1 1/2 cups evaporated milk  
 ½ tsp vanilla essence  
 2 ounces melted butter  
 2 eggs beaten  
 3 tsp rum

### DIRECTIONS

- In a large bowl, combine flour, sugar, raisins, baking powder, cinnamon, nutmeg and salt
- Coconut (Chop coconut in small pieces and place in blender, add milk to blend the coconut very fine)
- Mix all liquids together (eggs, butter, essence, rum, add to coconut in the blender and mix)
- Pour liquid into flour and mix properly
- Place in two (9x5) medium size greased bread pan, place ingredients one inch from the top
- Pre-heat oven at 325 degrees, it takes 1 hour and 25 mins.
- Bake for one hour at 325 degrees and then the last 25 mins at 350 degrees, or until toothpick inserted in centre comes out clean. Remove from pan and cool on rack.
- Optional - in a small bowl, combine 1 tbs water and 1 tbs sugar to form a glaze, brush the bread and then sprinkle the top with sugar and place back in the oven for five minutes.
- ♦ When its cool, wrap in plastic wrap to seal it off from air or it will dry up



**Joan Pierre  
Event Planning Executive**

**Quick and easy to prepare!  
Cooking—Delicious!!**